

Welcome to the 2009 Wilton Y Wahoos Thanksgiving Invitational Coaches Information

Wilton Y Wahoos Food Drive - The Wahoos will be having their annual "Feed the Hungry for Thanksgiving Food Drive" this weekend during our Thanksgiving Invitational. We are asking that every swimmer that is participating in the meet this weekend bring a non-perishable food item to the meet to donate to the Norwalk Food Shelter. There will be collection boxes in the lobby at the Y.

Non Perishable Items:

Cereal, Pasta, Rice, Canned Goods, Dry Evaporated Milk, Dried Mashed Potatoes.
Any questions contact Lynn Holmquist at 762-7119.

Scratch Sheets: Please turn in your scratch sheets as soon as possible. They are due no later than 30minutes after the start of warm-up. The sooner we have them the sooner we can get the heat sheets ready.

NO FOLDING CHAIRS WILL BE ALLOWED WITHIN THE BUBBLE AREA. Please remind your swimmers they are more than welcome to bring extra towels or blankets to spread out on the pool deck as well as utilizing the bleachers. Due to fire regulations, we have had to make some changes. There will be **NO** chairs allowed in the Wilton Y hallways. The Y gym will be available for all spectators and swimmers to relax in. Heat Sheets will be posted in the gym as well as in the hallways. We will have Wahoo Volunteers keeping you up to date on the Event and Heats as they take place. Please encourage your swimmers to pay attention to this information so as to not miss their races. Please feel free to enjoy the Wahoos concession area. As always for safety purposes, Please review the evacuation sheet.

Heat Sheets: The heat sheet and warm-up lane assignments are posted at both ends of the pool. The North pool is near the lobby windows.

Hospitality: Coaches must have their registration card visible to dine at our 4 star facility. The Wahoo Café. It is located across from the 25 yard pool. We will have breakfast, lunch and dinner available.

Awards: Make sure all awards are picked up at the end of the meet. Awards will not be mailed.

Vendors: Kast-A-Way Swimwear will be open for business in the Community Room off of the lobby. Thank you for your patronage.

Parking: There will be additional parking as usual across the street at Wilton High School is the Y parking lot is full.

Pool Configuration:

Friday 1000 Freestyle Session: warm-up 12pm-1:00pm
(WYW, YNS, SPY, WCYM, LEHY, GRYM BYD)

North Pool-Open Boys timeline till 2:00pm **South Pool-**Open Girls timeline till 2:00pm

Friday Afternoon Session: warm-up 2:00pm-3:00pm

(WYW, BYD, LEHY, WCYM, GRYM, YNS, SPY)

North Pool-13/14 timeline till 3:40pm

South Pool-Seniors timeline till 3:40pm

Friday Evening Session: warm-up 5:30-6:30 pm

(WYW, BYD, PSDY, MEYL, GRYM, HNHS, SPY, YNS, LEHY, WCYM)

North Pool-12/Under timeline till 8:30pm

Saturday/Sunday AM Session: warm-up 7:00-8:30am

(WYW, PSDY, WCYM, HNHS, SPY, YNS, LEHY, GRYM, MELY, BYD)

Sat - North Pool-13/14 timeline till 12:20pm

South Pool-Seniors timeline till 12:00pm

Sun - North Pool-Seniors timeline till 12:15pm

South Pool-13/14's timeline till 12:45pm

Saturday/Sunday PM Session: warm-up 1-2 pm (SAME TEAMS as Sat. sessions)

Sat - North Pool-10/under timeline till 5:00pm

South Pool-11/12's timeline till 4:45pm

Sun - North Pool-11/12's timeline till 4:30pm

South Pool-10/Under timeline till 4:40pm

Saturday/Sunday Finals Session: All teams starting at 6:30pm

Thank you for your patience and understanding regarding our changes for this year's meet. We hope you enjoy your weekend with us,

LeAnn Abbott

Office Manager

Wilton YMCA Wahoo Swim Club